



Open Face vs Full Face: Picking a **Mountain Bike Helmet**



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Head protection needs differ across mountain biking disciplines. Leatt MTB Australia carries both open face and full face mountain bike helmet styles, because the right choice depends entirely on what kind of riding you're doing.

What Separates the Two Styles

Open face designs prioritise airflow and lighter weight, which suits cross-country and trail riders who spend plenty of time climbing. Full face helmets add chin and jaw coverage, aimed at gravity riding where a fall carries more risk.

- Open face options with strong ventilation for climbing
- Full face coverage for downhill and enduro riding
- Padding and fit systems for extended wear
- A range suited to different riding disciplines

Which Style Fits Your Riding

Flowing singletrack riders tend to reach for an open face helmet. Bike park regulars and technical descenders lean toward full face coverage instead. Plenty of riders own both and switch depending on where they're headed that day.

Which Style Fits Your Riding

Even the right helmet style falls short if the fit's off. It needs to sit level, not tipped back, and stay snug without pressing anywhere uncomfortably.

Find the mountain bike helmet that matches your riding at Leatt MTB Australia and check the fit before heading out.

Leatt MTB

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