



OVER 97% CASES SOLVED

## One Place For The Family Psychiatric Needs



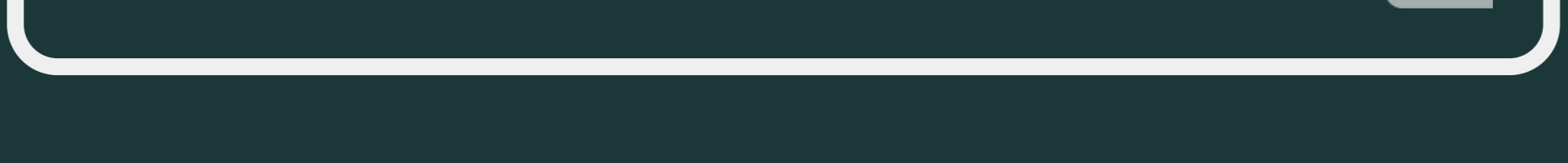
[About Us](#)

## Welcome to DESHPA Psychiatric Services

DESHPA houses Top-level mental health professionals, and evidence-based treatment. We diagnose the cause and provide you with the best possible treatment.

Destiny Helpers Psychiatric Associates (DESHPA) was founded by a Nurse Practitioner with the sole aim of providing high-quality care for people dealing with all sorts of psychiatric and mental health challenges. With over 20 years + of experience, our clients have only outstanding testimonies.

[Book Appointment](#)



[Our Services](#)

## Services from our Best Providers

Our qualified practitioners provide the best services to our clients, we are here to help, connect with us today

**ADHD Testing in Children and Adults**

Comprehensive ADHD evaluations for children and adults.

**Bipolar Disorder Treatment**

Evidence-based treatment for bipolar disorder, including

**PTSD Treatment**

Compassionate, trauma-informed care for PTSD, focusing on symptom relief.

[View More Services](#)

[Conditions](#)

## Treatment Options

[Peace of Mind](#)

**4** **Glutamate**  
Helps with cognitive function alertness, memory and learning

**5** **Norepinephrine**  
Assists in the fight-or-flight response and helps moderate mood by alleviating depression and anxiety

**6** **GABA**  
Acts as the main inhibitory neurotransmitter and helps increase feelings of calm and relaxation.

[Meet Our Team](#)

[Something to think About](#)

Here at DESHPA we pride ourselves on top-quality treatment, confidentiality, a serene environment, and trusted professional practitioners that will sit with you, diagnose your mental care need and assign the best therapy and medication to you.

Trauma is hell on earth. Trauma resolved is a gift from God.

[FAQ](#)

There is a lot of confusion about Mental Health, here at DESHPA, we try to answer some basic questions. If you have any further questions kindly write to us at [info@deshpa.org](mailto:info@deshpa.org)

[Contact](#)


**First Name \***

**Last Name \***

**Email Address \***

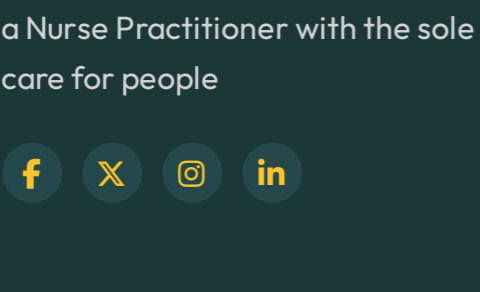
**Phone \***

**Comments / Questions**

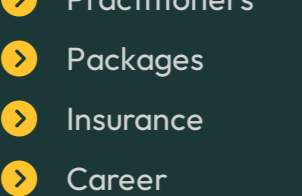
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[Send Message](#)

At Destiny Helpers Psychiatric Associates (DESHPA), we're here to support you on your mental health journey. Whether you have questions, need assistance, or would like to schedule an appointment, reach out to us today, you are not alone.



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**Helpful Resources**


- [FAQ](#)
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**Contact Information**

 Phone  
+1 (757) 826-0346

 Fax  
+1 (757) 826-0349

 Email  
info@deshpa.org  
info@destinyhelperpsych.com

 Address  
700 Tech Center PKWY Suit  
200-90, Newport News, VA  
23606, USA  
1208 East Little Creek Road,  
Norfolk, VA, 23518.