



**Providing support and guidance which help to achieve
you HORIZON**

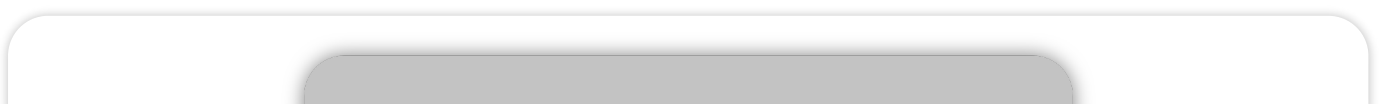
Call: (818) 527-1618

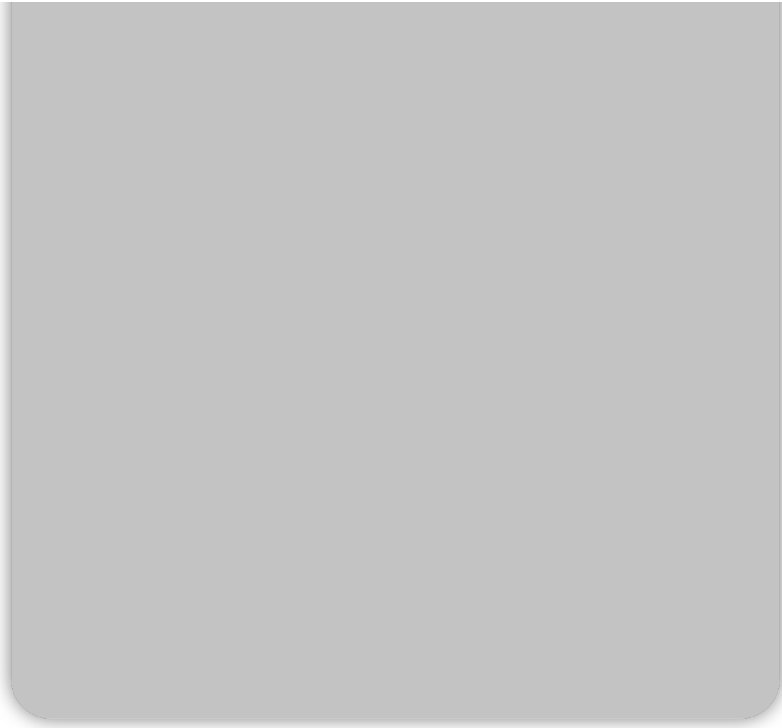
"We believe that everyone deserves access to mental health services and support. Our goal is to provide a welcoming and inclusive space for all. Whether you're facing challenges like depression, anxiety, or other mental health concerns, our dedicated team is here to support you."

Services for personal growth, skill-building, and



well-being promotion.





Dr. Rosenman



Team

Dedication. Expertise. Passion.

Gallery



[Frequently Asked Questions](#)

What services does Horizon CMHC offer?



We provide a range of mental health services designed to support emotional well-being and personal growth. These include individual therapy, group therapy, music and educational therapy, creative activities such as arts and crafts, and interactive programs that promote social connection and coping skills.

Who can benefit from your mental health services?



What happens during the first appointment?



Do you offer individual therapy sessions?



What is group therapy and how does it help?



Are your treatment approaches evidence-based?



Inspirational Stories



"My therapist has been a huge support in helping me deal with my overwhelming thoughts and emotions. They truly listen to me and have provided me with useful strategies to handle what I'm going through."

Bob

Certifications



CMS/Noridian

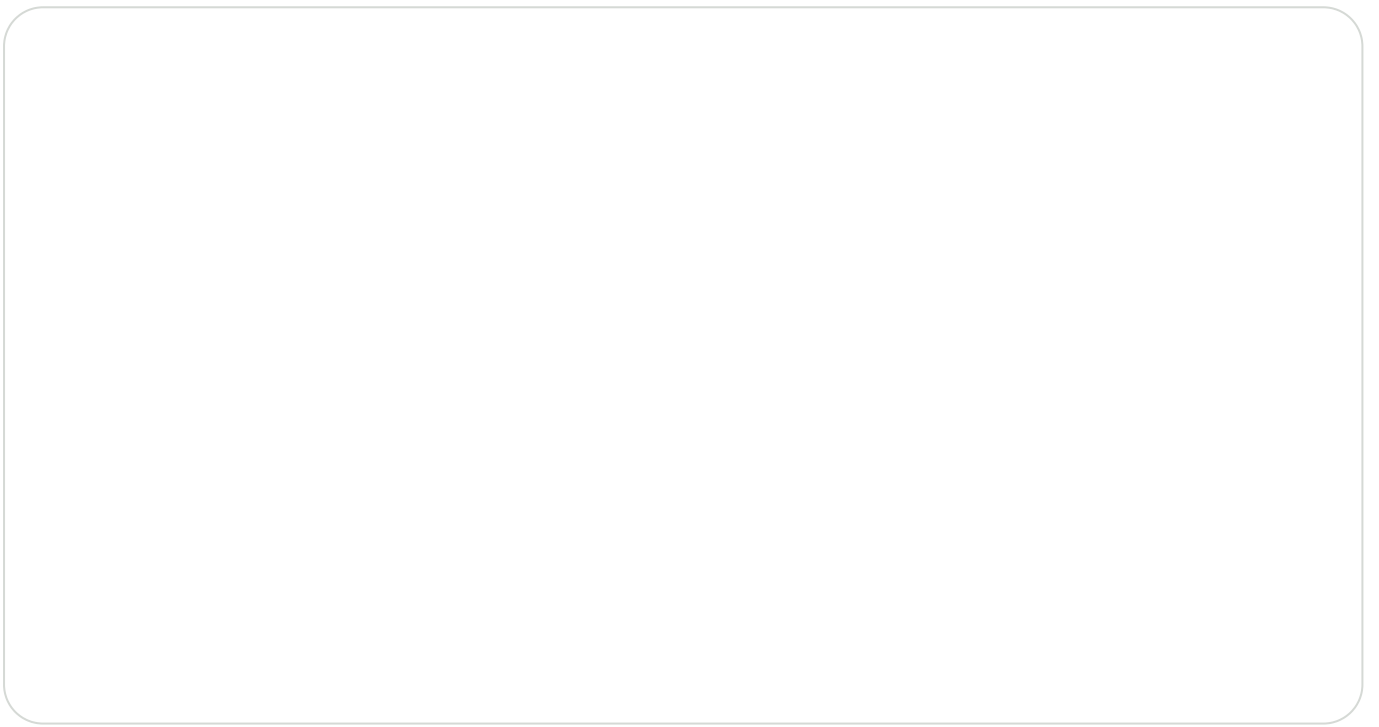


Joint Commission



CDPH

Contact Us




We believe that everyone deserves access to mental health services and support, and we strive to create a safe and inclusive environment for all of our guests.

Useful Links

- [Home](#)
- [About](#)
- [Services](#)
- [Contact](#)
- [Jobs](#)

Contact info

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