

## Assessment, Diagnosis & Treatment

### Mood Disorders

- Major Depressive Disorder
- Bipolar I and II Disorder
- Cyclothymic Disorder
- Seasonal Affective Disorder (SAD)
- Persistent Depressive Disorder (Dysthymia)
- Premenstrual Dysphoric Disorder (PMDD)
- Postpartum Depression

### Anxiety Disorders

- Generalized Anxiety Disorder (GAD)
- Panic Disorder
- Social Anxiety Disorder (Social Phobia)
- Specific Phobias (e.g., heights, flying)
- Separation Anxiety Disorder

### Trauma & Stress-Related Disorders

- Post-Traumatic Stress Disorder (PTSD)
- Acute Stress Disorder
- Adjustment Disorder (with anxiety, depression, or mixed features)
- Childhood Trauma & Abuse
- Grief & Complicated Bereavement

### Psychotic Disorders

- Schizophrenia
- Schizoaffective Disorder
- Brief Psychotic Disorder
- Delusional Disorder
- Substance-Induced Psychosis

### Attention & Impulse Control Disorders

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Oppositional Defiant Disorder (ODD)
- Intermittent Explosive Disorder (IED)
- Conduct Disorder

### Neurodevelopmental Disorders

- Autism Spectrum Disorder (ASD)
- Intellectual Disability (mild to moderate)
- Learning Disorders (referral/coordination)

[View All](#)

## Insurance & Payment



We are currently accepting in-network patients with in-network insurance. Private-pay patients are also welcome, and flexible payment plans are available to ensure that care remains accessible.

## Book An Appointment

Scheduling an appointment at Access Psychiatry, LLC is easy. Our dedicated team is here to help you begin your journey to better mental health.

[Book Appointment](#)

## Appointment Cancellation & No-Show Policy

At Access Psychiatry, we understand that unexpected situations arise and will review each case individually. The first late cancellation or missed appointment will be waived. After that, cancellations made with less than 24 hours' notice or missed appointments without prior notice will result in an **\$80 fee**.

This policy helps ensure that appointment times remain available for all patients who need care. We appreciate your understanding and shared responsibility in maintaining access to mental health services.

## After-Hours And Emergency Care

At Access Psychiatry, we care deeply about your safety and well-being. However, we are not a 24/7 crisis center and cannot provide emergency services outside regular business hours.

If you are currently in crisis, please know **you are not alone**, and help is available right now:

**Call 911** or go to the **nearest emergency room**

**Call or text 988** to reach the **Suicide & Crisis Lifeline** (available 24/7)

**Maryland Residents:** Visit [988helpline.org](https://www.988helpline.org) or call/text 988

**DC Residents:** Call the **Access Helpline** at **1-888-793-4357** (available 24/7)

*"Even the darkest night ends with the sunrise. Hold on, healing is already on its way to meet you."*

*Dr. M. Karen Safari, DNP*

## Affiliation And Accreditation





**ACCESS PSYCHIATRY**  
CARE BEGINS WITH ACCESS

At Access Psychiatry, LLC, we provide compassionate, timely, and personalized mental health care for children, adolescents, and adults.





[Book Online](#)

### Useful Links


- > [Home](#)
- > [About Us](#)
- > [Services](#)
- > [Blogs](#)
- > [Schedule an Appointment](#)

### Contact Info

 (443) 302-9788

 (301) 709-5921

 [info@accesstopsy psychiatry.com](mailto:info@accesstopsy psychiatry.com)

 7310 Ritchie Highway, Suite 200 Glen Burnie,  
MD 21061

 14504 Greenview Drive, Suite 301 Laurel,  
MD 20708